



"I was a freshman in high school and had some rounds in the 70's. But most of the time I was scoring in the 80's and was frustrated because I knew I could do better. I was taking golf lessons but I also needed to work on my mental game. After two weeks in the PIM program I was not only able to enjoy playing my own game again, but I shot a 71 in a tournament and hit all 18 greens in regulation to win the tournament. I developed my confidence through clarity of my target and goals, while letting go of interference."

– Kelly, Captain of the team, Division 1 golfer, Montana State University

Focus on the target.  
Deal with the interference.

*Have you realized you aren't reaching your full potential and need new perspectives?*



## Secrets of the Golf Whisperer for Individuals and Teams

**If your answer is “Yes” then you need the Golf Whisperer!**

Dan and his team are trained to develop awareness and techniques to provide clarity to peak performance. They will take you through a complete **Needs Assessment** to determine your current situation, where you want to be, and what is holding you back.

A written profile is provided so you know what changes you need to make. Once that is completed, you are ready to take on the next round–The Discovery Series

*The Discovery Series is three workshops:*

**Power of Focus** demonstrates how the mind and body can work together in order to connect to the target and goals. The strategies are designed to pull out natural abilities as you become aware of your perceptions vs. the reality. You'll also become aware of the interference as you open to the possibilities and commit to new mind sets.

**Application of Motion** is designed to help you discover your natural abilities and apply learning from the Power of Focus self coaching and coaching from others. You will become clear on your target and goals through the PIM score card, and challenged to achieve what is yours to rightfully achieve.

**Game Planning** helps you clarify your vision, as written goals and mental images are clearly defined. Imprinting of the target and goals become a reality. This allows you to believe in yourself. Team members, parents, and coaches are encouraged to be involved in the presentation.

- Assess your current performance.
- Determine what you want to achieve.
- Learn what keeps you from achieving your goals.
- Establish what you are willing to do to get there.
- Understand how you deal with frustration.
- Identify the things interfering with performance.
- Recognize how to self coach as well as receive coaching from others.
- Set goals to develop the best path to your target.
- Apply the strategies and tools to your game for performance improvement.
- Become aware of perception vs. reality.

*As your focus is clarified,  
your performance improves!*

**Dan DeMuth, the Golf Whisperer**



Dan is a PGA golf professional and performance coach for over 30 years. His background as the 2005 Minnesota PGA teacher of the year allowed him to become known as one of the premier golf coaches widely known for his work with the mental and physical connection to peak performance under pressure.

Dan DeMuth is author of *Secrets of the Golf Whisperer*.



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